



**Seminar 4: Emotional intelligence, resilience and dealing with difficult people**

5.45-8pm Thursday, 12 September 2019, Lander & Rogers, Level 19, 123 Pitt St, Sydney

Panel discussion with practitioners who will discuss navigating awkward office scenarios and how to use your EQ and remain resilient!

Are you emotionally intelligent? Have you ever wished you could handle difficult people, conversations or workloads better? If you want the keys to a fulfilling and satisfying career in law, come join us for a hands on workshop to: define your goals; gain insight into emotional intelligence and resilience; learn how to master those skills to make your lawyer life your best life; and share open and honest experiences about what being a lawyer is really like.



**Robyn Bradey, Social Worker.** Robyn Bradey (B.Soc.Stud. SYD.) is a Mental Health Accredited Social Worker with 39 years' experience, 28 of those in private practice. She has been a youth worker, a hospital social worker, and an administrator. She offers professional supervision to a wide range of health, welfare and legal workers.

She has been a counsellor, specialising in loss, grief, trauma, work related stress and injury. Since 2008, she has specialised in training consulting and supporting the legal profession in Australia, New Zealand and the UK. She is currently working as a consultant and trainer for the Federal Court of Australia, the UK Bar and Inns of Court, NZ Privacy Commission, NZ Ombudsman, NZ Electricity & Gas Commissioner, NZ Law Society, Legal Aid, NSW Community Legal Services, The Bar Association of NSW, the Law Society of NSW, the NSW and Commonwealth DPP, NSW and Commonwealth Ombudsman, Knowmore, Australian Red Cross, and a large number of other agencies and organisations. She has written 5 books and numerous professional papers.



**Julia Harrison, Partner, Carroll & O'Dea Lawyers.** Admitted into the Supreme Court of NSW in 2008, she rose through the ranks and attained partnership in 2014. Julia's practice is founded in personal injury and not only has she demonstrated her incredible knowledge of the law, but her skill as a practitioner. Julia is constantly recognized by her clients for her personalised approach to running matters.

Within the firm Julia is held in high regard as she has had an integral role in the growth and development of many young lawyers who have come through the doors of Carroll & O'Dea Lawyers.

Julia has always been a fond advocate for women in the law having been a member and attending WLANSW events since 2015. This is further demonstrated by her willingness to encourage & mentor her female employees & peers through their professional journey



**Zoe Alderton, Barrister, Maurice Byers Chambers.** Zoe was called to the bar in 2017 and practices primarily in Criminal Law, appearing in the Local, District and Supreme Court of NSW. Zoe has appeared for the accused in trial and sentence proceedings involving allegations of sexual assault, arson, fraud, and serious personal violence

offences. Prior to being called to the bar, Zoe worked as a solicitor with the Aboriginal Legal Service in Dubbo and then Griffith, NSW. In that role Zoe had a demanding and busy practice servicing high volume and often remote Courts throughout Western New South Wales. Prior to her admission as a solicitor, Zoe worked as a paralegal and assistant to the Honourable Justice Peter Hamill, when his Honour was in private practise at the NSW bar, and as tipstaff to the Honourable Justice Elizabeth Fullerton

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**TAX INVOICE/REGISTRATION**

Please keep a copy for your records, no receipts issued; book online. Separate registrations required for each participant with seminar choices ticked.

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**Attendee's Name if different from above, and please provide their email and mobile:**.....

- Seminar 1: *Things I wish I had known – tips, tricks & insider knowledge*
- Seminar 2: *Pleadings: Performing on Paper and in Court – written advocacy, court & tribunal etiquette*
- Seminar 3: *Me Inc – Building Your Brand: mentorship, networking and marketing*
- Seminar 4: *Survivor – emotional intelligence, resilience and dealing with difficult people*
- Seminar 5: *Networking 'trivia/social night'*

**\$30 per seminar or \$120 (\$100 Students) for all 5 seminars**  
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