



'Women, Power and Voice' with Lucy Cornell

**5 for 5:30-7.30pm Workshop followed by Networking, Tuesday 30 July 2019
Ashurst, Level 9, 5 Martin Place, Sydney**



Lucy Cornell is an international keynote speaker on the innate persuasive power of the human voice. She leads an international voice and performance coaching team for advocacy courses run by the Australian Bar Association and the General Council of the Bar of South Africa. Her corporate clientele range from CEOs and senior executives of blue chip companies such as McKinsey, IBM, Citigroup, Deutsche Bank and Macquarie Bank to politicians, barristers and lawyers.

Lucy Cornell has been empowering women's voices in business and at the workplace for 15 years. Although many organisations have established women's initiatives, Lucy's experience is that women are still battling to have their voice heard at the table.

In business and at the workplace, the question of voice becomes one of positional power. Dominant and entitled voices tend to have currency. Without the skills to compete with and navigate this dominant style, talent is compromised.

In business and at the workplace, the question of who gets the voice becomes one of positional power. Business and workplace cultures born from patriarchy tend to bias toward male styles of communication. In this, dominant and entitled voices have currency. Without the skills to understand and navigate this dominant style, talent is compromised and voices are lost.

This workshop will help you:

- ▶ Shed light on the rules of voice in your business and workplace cultures
- ▶ Understand how to navigate them
- ▶ Stand strongly and calmly for your right to be a voice of influence when there is push back or pressure
- ▶ Learn how to claim space, get air play and create cut through
- ▶ Ensure your intellectual capital and power is acknowledged and heard

The benefits of the workshop are:

- ▶ Understanding how to establish presence and maintain confidence when speaking
- ▶ Learning how to command attention through use of physicality, breath, voice and energy
- ▶ Learning how to step confidently into high stakes speaking
- ▶ Empowering confidence for you to be an influence for the business and at your workplace
- ▶ Exploring practical techniques to manage nerves
- ▶ Understanding how to increase influence through connection and engagement
- ▶ Practical tips to take away and incorporate into the business and at your workplace

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Attendee's Name(s)	(Member-M; Non-Member NM)
.....	M NM
.....	M NM
.....	M NM
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PLEASE ENSURE YOU ADVISE US OF EMAIL ADDRESSES FOR ALL PARTICIPANTS SO WE CAN FORWARD THE 'PARTICIPATE NOTES' THEY WILL NEED TO BRING TO THE WORKSHOP.

Members \$45; Student Members \$35

Non-Members \$55; Student Non-Members \$40

Total payment for \$ (includes GST & refreshments)

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