

## Speak Your Inner Voice

Recently working with a group of women, who are in a male-dominated business environment, I asked them to each choose a topic that they would care to deliver to the business and their senior business manager.

After a lengthy discussion about taking a risk by speaking from a strong inner motivation, they settled down to identify what motivated them. When set with the challenge to look inwards and really ask themselves what excited or agitated them to speak about within the business, the results were remarkable.

In particular was one woman's brave exploration of the inner frustrations she felt at not having a voice in the business. This inner voice led her to an eventual analysis that outlined the dominant patriarchal culture of the business and the lack of opportunity afforded women there, who were highly capable and visionary in their work. In her final presentation, she combined an energetic and emotional undercurrent with logic and intelligence.

Her senior business manager had never experienced this level of leadership and power of voice from this woman.

Following her speech, changes began in the business to address opportunities for women.

With an inner truth speaking her, she found the courage to take a risk and express something that needed addressing. She started a ripple.

## Lucy Cornell

CEO Cornell Voice Advisory

lucy@cornellvoice.com

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